

1986 Region 8AA Boys Championship -

Teams- St. Cloud Tech 94.5, Moorhead 88, St. Cloud Apollo 83, Detroit Lakes 61, Alexandria 48.5, Bemidji 38, Cold Spring-Rocori 34, Fergus Falls 24, Little Falls 22, Brainerd 17, Sauk Rapids 10, Thief River Falls 7, Melrose 0, Park Rapids 0.

110 Meter High Hurdles

- 1 Matt Swenson, Bemidji 14.66
- 2 Jamie Hagness, Moorhead 14.83
- 3 Tim Meyer, Moorhead 14.85
- 4 Scott Weber, Apollo 15.36
- 5 Paul Winkelman, Sauk R 15.42
- 6 Rich Jorgenson, Det Lks 16.06

100 Meter Dash

- 1 Bill Malloy, Det Lks 11.09
- 2 Kyle Granney, Apollo 11.22
- 3 Paul Brandt, TRF 11.47
- 4 Chad Holder, Tech 11.48
- 5 Ty Griffiths, Alex 11.50
- 6 Todd Hendricks, Alex 11.67

Sprint Medley Relay

- 1 Moorhead 3:38.48 (Craig Grundstrom, David Prokop, Steve Olson, Doug Schmidt)
- 2 Alexandria 3:38.50
- 3 Rocori 3:39.89
- 4 St. Cloud Apollo 3:45.04
- 5 Detroit Lakes 3:46.40
- 6 Brainerd 3:48.39

1600 Meter Run

- 1 Tim Langen, Tech 4:27.29
- 2 Scott Buchholz, Det Lks 4:29.83
- 3 John Evans, Apollo 4:35.64
- 4 Dave Christopherson, Bemidji 4:41.34
- 5 Kevin Babcock, Rocori 4:41.84
- 6 Kris Rydberg, Alex 4:43.40

4x100 Meter Relay

- 1 Tech 44.14 (Chad Holder, Scott Hollenkamp, Todd Tennyson, Kevin Vick)
- 2 Moorhead 44.26
- 3 Detroit Lakes 44.92
- 4 Little Falls 45.04
- 5 Apollo 45.88
- 6 Alexandria 46.29

400 Meter Dash

- 1 Ryan Neuman, Fergus F 51.44
- 2 Kevin Vick, Tech 51.45
- 3 Doug Schmidt, Moorhead 51.48
- 4 Bill Palmquist, Brainerd 51.94
- 5 Mike Dingmann, Rocori 52.84
- 6 Ted Chopp, Tech 53.26

300 Meter Intermediate Hurdles

- 1 Matt Swenson, Bemidji 40.06
- 2 Tim Meyer, Moorhead 40.25
- 3 Steve Olson, Moorhead 41.94
- 4 Scott Weber, Apollo 42.08
- 5 Brian Anderson, Tech 42.20
- 6 Darrin Babcock, Rocori 42.39

800 Meter Run

- 1 Brian Sather, Alex 1:59.67
- 2 Scott Buchholz, Det Lks 2:00.03
- 3 Brad Babcock, Rocori 2:00.72
- 4 Todd Ley, Apollo 2:01.09
- 5 Joe Maurer, Fergus F 2:03.48
- 6 Jim Loch, Rocori 2:04.51

200 Meter Dash

- 1 Bill Palmquist, Brainerd 22.75
- 2 Scott Williams, Apollo 22.81
- 3 Mark Kellner, Rocori 22.83
- 4 Mike Bellefeuille, LF 23.26
- 5 Dave Gubrud, Fergus F 23.50
- 6 Paul Brandt, TRF 23.53

3200 Meter Run

- 1 Tim Langen, Tech 9:50.31
- 2 Wayne Kerkairt, Sauk R 10:04.81
- 3 Stephen Schubert, Alex 10:18.34
- 4 Jeff Shorter, Tech 10:22.15
- 5 Dave Christopherson, Bemidji 10:25.11
- 6 Jim Feiler, Tech 10:27.47

4x400 Relay

- 1 Tech 3:26.06 (Ted Chopp, Kevin Vick, Brian Anderson, Chad Holder)
- 2 Moorhead 3:27.25
- 3 Apollo 3:27.81
- 4 Rocori 3:32.73
- 5 Brainerd 3:40.07
- 6 Alexandria 3:41.07

Shot Put

- 1 Dennis Koering, Alex 53-7
- 2 Dan Field, Apollo 53-4
- 3 Jeff Genz, Det Lks 52-2
- 4 Darrin McMullen, Apollo 49-11.5
- 5 Roy Spino, Bemidji 49-4.5
- 6 John Wakeman, Tech 47-3.5

Discus

- 1 Roy Spino, Bemidji 152-4
- 2 Darrin McMullen, Apollo 141-7
- 3 J.P. Rydland, Tech 139-8
- 4 Jeff Genz, Det Lks 138-3
- 5 Steve Hagstrom, Tech 134-8
- 6 Dennis Koering, Alex 133-2

Long Jump

- 1 Brad Swanson, LF 21-4.5
- 2 Jamie Hagness, Moorhead 21-3.5
- 3 Kevin Vick, Tech 21-3
- 4 Shaun McDougall, Det Lks 20-10.5
- 5 Brian Erkens, Apollo 20-9.5
- 6 Mark Fernholz, Alex 20-5.25

Triple Jump

- 1 Brad Swanson, LF 44-0.5
- 2 Jamie Hagness, Moorhead 43-11.25
- 3 Shaun McDougall, Det Lks 43-8
- 4 Brian Erkens, Apollo 42-0
- 5 Tom Erkens, Apollo 41-9.75
- 6 Scott Weber, Apollo 41-9.5

Pole Vault

- 1 Jeff Rydland, Tech 13-0
- 2 Steve Skolbik, Apollo 12-6
- 3 Keith Hovelson, Det Lks 12-0
- 4 Dan Rademacher, Alex 12-0
- 5 Mike Fry, Alex 11-7
- 6 J.P. Rydland, Tech 11-7

High Jump

- 1 Neal Oleson, Moorhead 6-4.5
- 2 Todd Tennyson, Tech 6-4.5
- 3 Terry Stein, Rocori 6-4.5
- 4 Brad Swanson, LF 6-1.5
- 5 Chris Pederson, Moorhead 6-0.5
- 6 Jay Raymond, Alex 5-11.5

Notes: